

## **Humming in the Darkness**

Hope means to keep living  
Amid desperation  
And to keep humming in the darkness  
Hoping is knowing that there is love  
It is trust in tomorrow  
It is falling asleep  
And waking again  
When the sun rises.  
In the midst of the gale at sea  
It is to discover land.  
In the eyes of another  
It is to see they are understood ....

As long as there is still hope  
There will also be prayer....

And you will be held in God's hands.

Henri Nouwen (1932-1996)