

JOY



To pray this Easter Sunday, either use your paper cross you made last week in the service with James, or draw a new one on a sheet of paper.

Use your CROSS and the word JOY to pray:

J – JESUS: Use the top part of the cross to focus up towards Jesus and praise him this Easter morning. Tell him all that you're grateful for and all that He means to you.

O – OTHERS: Using the arms of the cross, look outwards and pray for others who come to mind. Pray for those who are ill, anxious, worried about finances, for key workers, our leaders and those stressed or overworked as they care for others.

Y –YOU: Using the bottom part of the cross pray for yourself. What do you need today? Pray for strength, peace, love, joy, patience... or practical things, trusting God will provide.

To finish, maybe write JOY on your cross and decorate it.

