

Prayer Activity Palm Sunday

On Palm Sunday we remember when Jesus entered the city of Jerusalem on a donkey. The crowds cheered Jesus and waved palm leaves to celebrate Him. We remember it with crosses made out of palm leaves, like this:



Before we all got told to stay at home, I had ordered a great big box of palm crosses to give out in church on Palm Sunday (never mind, I'm sure they'll last until next year 😊)

Meanwhile we all have palms which we can use to celebrate Jesus any day.



Take a look at your hand now & pick out your fingers:

Thumb
Index finger (used for pointing)
Middle finger
Ring finger
Little finger

Prayer

Can you touch each finger in turn and

- ★ Ask God how you can help those around you (thumb)
- ★ Ask Him to show you how He's with you in these strange times (index finger)
- ★ Remember how He helps us to share His love (middle finger)
 - ★ Tell Him you love Him (ring finger)
- ★ Thank Him for those who look after you (little finger)

Can you draw round (or paint) your own hand & think of someone to pray for each finger?